

See Us,
Support Us

2024

END STIGMA

Children of Incarcerated Parents'
Bill of Rights*

7. I have the right
not to be judged,
blamed, or labeled
because of my parent's
incarceration.



* Developed by the San Francisco
Children of Incarcerated Parents Partnership in 2005

#SeeUsSupportUs

I refuse to let the stigma of
incarceration define me. I
am silencing the negative
noise and amplifying my own
strength, showing others
they can do the same.

—Jamila, SUSU Youth Fellow



SUSU-OSBORNE.ORG

Visit for resources, youth voices,
and calls to action.

SUSU is a national partnership
coordinated by Osborne
Association and informed by
the SUSU Youth Team.

 Osborne

SEE and SUPPORT Children of Incarcerated Parents this October



SUSU Youth Team

SEE US, SUPPORT US (SUSU) creates a community for and raises awareness about children of incarcerated parents, highlighting their voices, strengths and needs. This year we focus on ending stigma and promoting an inclusive, nurturing world where children are understood and thrive.

Follow SUSU on social media during October to:

- ▶ End stigma and harmful narratives.
- ▶ Hear from youth about how to support them.
- ▶ Gain tips for creating judgment-free, nurturing environments.
- ▶ Celebrate children's strengths and wisdom.

If you've experienced parental incarceration, follow SUSU to:

- ▶ Engage with podcasts, art, and advice from young people. *You are not alone!*
- ▶ Access resources.
- ▶ Help end the negative noise about having an incarcerated parent.
- ▶ Enter the **SUSU Art contest!** bit.ly/SUSU_Art

JOIN THE **SUSU NETWORK** TO RECEIVE UPDATES THROUGHOUT THE YEAR.



www.susu-osborne.org



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